

You're Good NOW GET **BETTER!**



How to increase strength, energy, stamina, performance and mental acuity

POWERFUL AND TIMELESS PRINCIPLES FOR IMPROVING PERSONAL PERFORMANCE

John F. Kennedy said, "... a healthy body is the basis of dynamic and creative intellectual activity."

Are you physically and mentally tough when the pressure is on? Are you confident? Do you believe in yourself and your ability to compete and win? Or, do you get stressed out, feeling weak and compromised? Do you have energy and vitality sufficient to perform at your very best, even at the end of a busy day or week?

The degree of fitness an individual possesses is measured by his capacity for quality effort, and his ability to meet and exceed the goals and requirements of his profession. Fitness is all about strength, self-confidence, energy, endurance, and victory. In short, fitness is all about peak performance.

Dave Hubbard will show you how to overcome the obstacles to achieving peak personal performance, *EVERY DAY!*

"Dave Hubbard's remarkable presentation won the highest compliment from the toughest of all audiences... he is a 5 star speaker."

Cliff Oxford, CEO
Entrepreneur Advisors Inc.



Dave Hubbard
America's Fitness Coach®

As an ex NFL athlete, author, coach and motivational speaker for over 30 years, Dave Hubbard knows how to engage and inspire people to make small changes that produce big results that last a lifetime. Dave has spoken to hundreds of Fortune 500, and Fortune 100 companies, and has been featured many times on radio and television. His book is titled: BAD CHUTE! Dave and his wife Melinda live in Marietta, Georgia and have two adult children.



DATE:

TIME:

PLACE: